



**FM ELITE
PROGRAMS**
WASHINGTON STATE, USA



PLAYER PATHWAY
ACADEMY MEMBER

FM Elite Programs' Official Player Pathway



THE FM ELITE PLAYER PATHWAY



Your Potential, Our Commitment

"YOU HAVE TO BE PATIENT ENOUGH TO KEEP BELIEVING IN YOURSELF"

– *FREDY MONTERO*



"FM has been a positive and growth-oriented training for our son.

The training has been dynamic, mixing touches and scanning with quick decision making.

Our son has seen improvement in his confidence on the ball and his movement on the field!
Thank you!"

RYAN, PARENT



FM ELITE PHILOSOPHY EXPLAINED...

NOT EVERY ATHLETE ENTERS THE SAME

At FM Elite, we recognize development is not one-size-fits-all.

Every athlete enters the game at a different stage – technically, physically, and cognitively.

Our responsibility is not to force players into a rigid system, but to place them in the right environment that challenges them while protecting the competitive integrity of the group.

Progression is earned through commitment, discipline, and growth.

Players who invest in their development rise through the pathway.



OUR DEVELOPMENT PHILOSOPHY

FM Elite is built on a simple principle:
all players are developed through intentional environments.

We prioritize:

- Small training groups
- High coaching interaction
- Individual accountability
- Competitive standards

Every session is designed to challenge players while maintaining an environment where learning can happen at the highest level.

This is why we maintain low player-to-coach ratios and structured development environments.



FM ELITE METHODOLOGY EXPLAINED...

OUR METHODOLOGY COMBINES FOUR KEY PILLARS OF DEVELOPMENT

1

TECHNICAL FOUNDATION

Ball mastery, precision, and efficiency.

Technical control is the starting point for playing faster and solving problems in the game. FM TEKKY provides players the opportunity to refine their technical foundation.

2

BIOMECHANICS

Efficient movement creates better players.

We focus heavily on body mechanics, balance, coordination, and movement patterns so athletes can execute skills with precision and consistency.

3

NEUROCOGNITIVE DEVELOPMENT

Scanning, decision making, tempo control. Understanding the why.

Players learn to process the game faster and solve problems under pressure.

4

GAME-REAL ENVIRONMENTS

FM Elite pathway sessions are built around game-real scenarios where players apply their technique, movement, and decision making at true match speed.

This is where players learn to influence the game.

WHEN TECHNIQUE, MOVEMENT, AND COGNITION COME TOGETHER IN GAME-REAL ENVIRONMENTS, PLAYERS NATURALLY DEVELOP SPEED OF PLAY AND INFLUENCE THE GAME



AGE BASED TRAINING ENVIRONMENTS

DEVELOPMENT ENVIRONMENTS DESIGNED TO CHALLENGE PLAYERS AT THE RIGHT STAGE OF THEIR JOURNEY

NEXT LEVEL | Ages 8–11

Building the foundation of the modern player.

Focus Areas:

- Ball Mastery
- Body Mechanics & Coordination
- Scanning Habits
- Decision Making

ACADEMY | Ages 12–13

Transitioning from technique to application.

Focus Areas:

- Speed of decision making
- Playing under pressure
- Movement off the ball
- Dictating tempo

ELITE | Ages 14–16

Where players begin to influence and dictate the game

Focus Areas:

- Advanced scanning habits
- Speed of play
- Decision making in tight spaces
- Competitive intensity
- Consistency of play

PRO NEXT

Preparing players for the college and the professional level

Focus Areas:

- Game Intelligence
- Leadership & influence
- Advanced tempo control
- High speed consistent decision making



5:1

PLAYER TO
COACH RATIO

Players are grounded by development stage, not just by age.

As players develop, they progress through increasingly demanding environments designed to raise the speed, complexity, and control of the game.



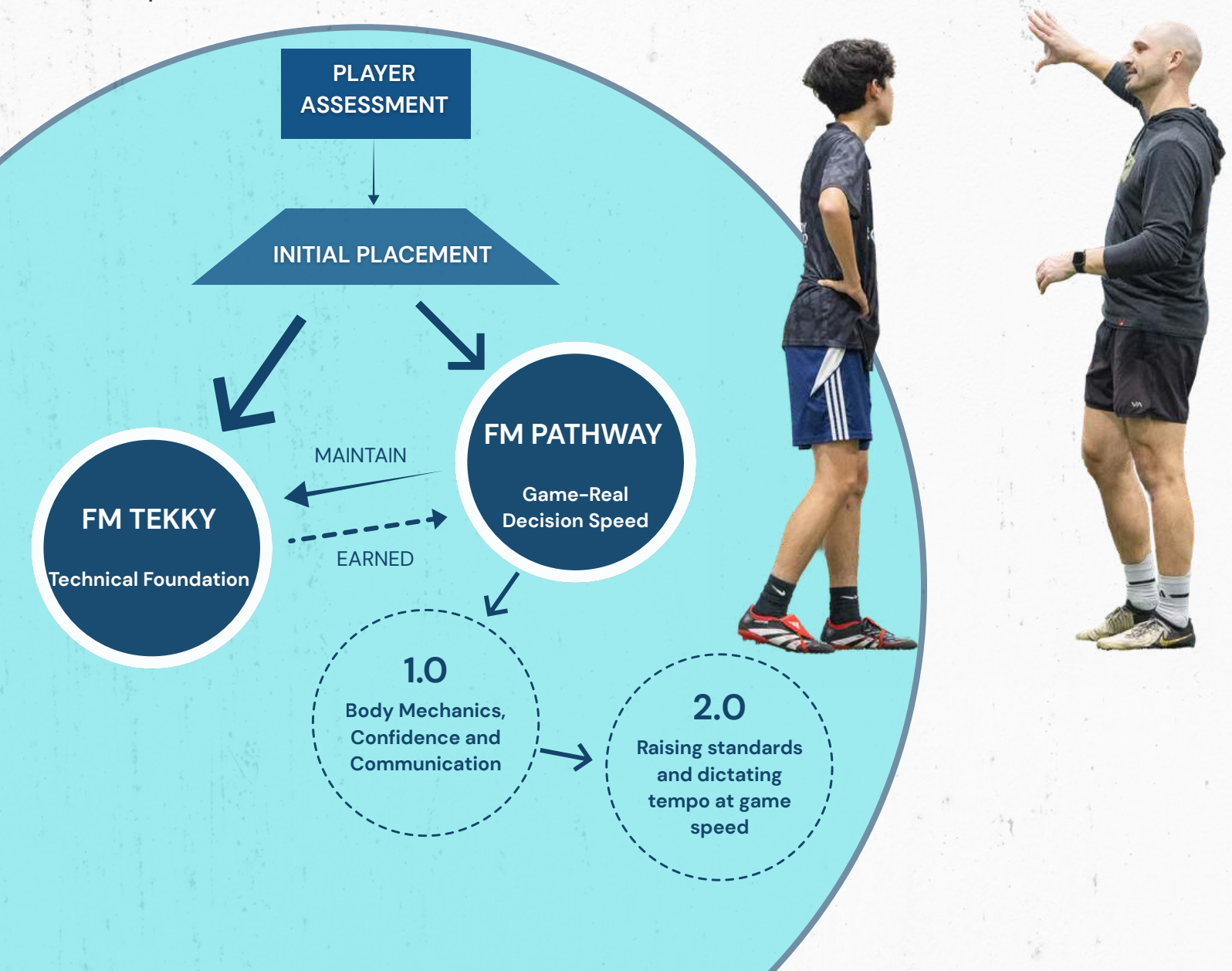
FM ELITE PLAYER PATHWAY ECOSYSTEM

Every athlete enters FM Elite through a player assessment. From there, players are placed into the appropriate development environment. **FM TEKKY** builds the technical foundation. **FM PATHWAY** applies those tools in game-real environments.

Players who qualify for the **FM PATHWAY** also train in **FM TEKKY** to maintain technical sharpness.

Players who begin in **FM TEKKY** can earn their progression into the **FM PATHWAY** through consistent development.

Development is **continuous, intentional, and earned**.





PATHWAY PROGRESSIONS

DEVELOPMENT WITHIN EACH ENVIRONMENT FOLLOWS A STRUCTURED PROGRESSION DESIGNED TO BUILD THE MODERN PLAYER

1.0 FOUNDATION

The **Foundation** phase focuses on developing the technical and **biomechanical habits** required for the modern game.

Players build:

- Ball mastery
- Body mechanics and efficiency
- Scanning habits
- Comfort receiving under pressure

This stage focuses on building the player's base before increasing speed and complexity



Advancement is earned.

Players progress through the pathway based on development and effort, not age or time spent in the program

Our goal is to place athletes in environments that challenge them while protecting the **integrity** and **competitiveness of each group.**



2.0 SEPARATION

The **separation** phase focuses on players who demonstrate consistent influence in sessions through **strong communication, high standards,** and the ability to **dictate** tempo.





FM TEKKY TECHNICAL FOUNDATION



INDIVIDUAL TECHNICAL REFINEMENT TO BUILD
BALL MASTERY, MECHANICS, AND EFFICIENCY

TECHNICAL FOCUS AREAS

- Ball Mastery
- First Touch & Control
- Passing Mechanics
- Body Mechanics
- Technical Precision
- Individual Focus

THE PURPOSE

Slow the game down to refine the details
that **elevate performance at full speed.**

BIOMECHANICS

TECHNICAL MASTERY

EXECUTION SPEED

WHO IS IT FOR?

BEGINNERS

Building the technical base

- Ball mastery
- Coordination
- First touch quality

PATHWAY PLAYERS

Sharpening the details

- Technical precision
- Biomechanic efficiency
- Individual work rate
- Repetition & refinement

COACHING RATIOS

-- Mon / Thurs --

6:1

Player to Coach

-- Friday --

8:2

Player to Coach

Small group training.
Individual feedback

FM TEKKY builds the technical base.
FM Pathway applies it in the game.





INTENTIONAL PLACEMENT

EVERY ATHLETE ENTERS THE PATHWAY WITH PURPOSE.

FM Elite does **not** randomly place players into groups.

EVALUATE

PLACEMENT

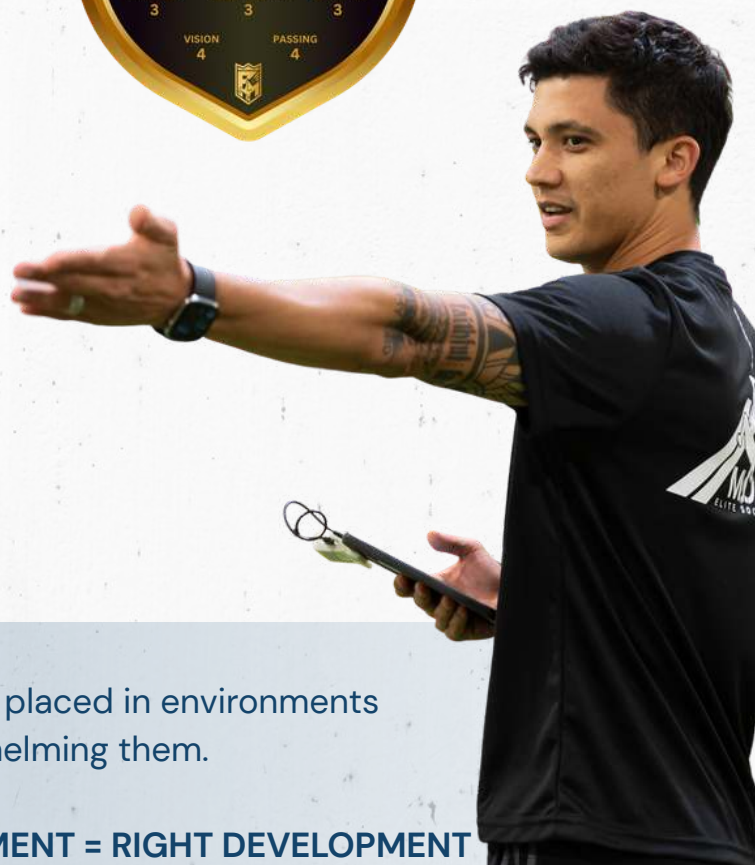
DEVELOPMENT

FME PLAYER ASSESSMENTS

Every athlete entering **FM ELITE** begins with an assessment.

These evaluations allow our coaches to understand how an athlete processes the game and determine the environment that will best accelerate their development.

- **Technical** quality
- **Biomechanics** and movement efficiency
- **Decision making** speed
- Ability to **dictate tempo**
- **Game understanding** and **scanning**
- Ability to **influence** the session



WHY ASSESSMENTS MATTER

Players develop best when they are placed in environments that challenge them without overwhelming them.

RIGHT PLAYER → RIGHT ENVIRONMENT = RIGHT DEVELOPMENT





COMMON QUESTIONS

Understanding the FM Elite Development System



Do all the players start in the same place?

No. Every athlete begins with an evaluation to determine the right starting environment.

Players may begin in:

- FM TEKKY
- FM PATHWAY + FM TEKKY



How do I schedule an evaluation?

Download the FM Elite App:

1. Register an account
2. Create their player profile
3. Send us a message in the app

Our staff will recommend the best time and day for your evaluation and guide you on how to purchase a trial session.



Do FM PATHWAY players still train in FM TEKKY?

Yes. Technical sharpness must be maintained. FM TEKKY sessions allow FM Pathway athletes to:

- **Refine** technique
- Maintain high repetition quality



Why do some players start in FM TEKKY?

FM TEKKY builds the technical foundation required to succeed in game-real environments.



How does a player progress up?

Players advance through environments based on:

- **Consistency**
- **Confidence**
- **Influence**

Development at FM Elite is intentional and earned.



Why do you use ball machines?

Ball machines are **not** the center of the session.

We use them to provide consistent service when simulating a single moment of the game for players to develop speed of combination play and decision-making.



PLAYER DEVELOPMENT RESOURCES

FM Elite supports players **beyond the field** through resources designed to support long-term development, dependent on the player's stage of development.

Monthly **FME Assessments** delivered through the FM Elite app.

Training and habit **tracking guides**.

Film review and **tactical feedback** for college and semi-pro level players.

Introductions to youth clubs when appropriate.*

Access to **trials** and **opportunities** through our network of coaches and FIFA-licensed agents.*

Guidance for players pursuing higher levels of competition.

FM Elite is designed to support the complete development journey, on and off the field.

**Opportunities such as trials, club introductions, and agent connections are offered when appropriate for a player's development stage.*





FM ELITE PLAYER EXPECTATIONS

Players who participate in FM Elite environments are expected to uphold the standards of the academy.

Our environment prioritizes:

Commitment

Players who are serious about improving their craft.

Competitive Mindset

Training sessions are competitive environments designed to push players out of their comfort zone to accelerate development.

Accountability

Players take ownership of their performances, preparation, and their growth.

Respect

Respect for teammates, coaches, and the development environment.

Consistency

Progress in the pathway is earned through commitment and consistent effort.

FM Elite environments are designed for players who are committed to growth.





THE FM ELITE MISSION

FM Elite exists to develop modern players capable of influencing the game through intelligence, technical precision, and competitive standards.

Our mission is to build environments that challenge athletes while protecting the integrity of development.

Every player's journey is unique.

Progress is earned through commitment, discipline, and growth.

